Poornima Kishore, born on 10th October 1961, obtained her Bachelor's and Master's degrees from Lucknow University in 1982 and 1984, respectively. After qualifying the NET examination (1984), of the Council for Scientific and Industrial Research, New Delhi, she joined as a JRF in the laboratory of Professor O.P. Shukla Scientist E-II, in the Division of Biochemistry, Central Drug Research Institute, Lucknow to pursue her doctoral work. She was awarded her PhD from Lucknow University in 1992. She worked as a CSIR, Research Associate at SGPGIMS, Lucknow, following which she was appointed Lecturer in the School of Studies in Biochemistry of this University in May 1996. After a 12 year long struggle she was granted a research project from the MPCST, Bhopal in October 2007. Her research area is beta thalassemia and she is working on aspects that ameliorate the symptoms of the deadly genetic disorder. Currently, she has one research project from the UGC and has two PhD students registered with her. She has ten publications to her credit, nine published from her doctoral work, at CDRI, and one during her post doctoral work at SGPGIMS. She has no recent publications.